

**Post-registration Certificate Course in Primary Health Care Nursing
(District Health Centre Module April 2023)
(15.04.2023 - 05.08.2023)**

TIMETABLE

| Date/Time/Venue | 09:00-11:00 | | 11:15 - 13:15 | | 14:15 - 16:15 | | 16:30 - 18:30 |
|--|---|-----------------------|--|-------|---|-----------------------|--|
| Day 1 15/04/2023 09:00-18:30 (Saturday) Room DE309, PolyU, Hung Hom, Kowloon <u>Moderator</u> Kathy Cheung | Course Introduction Ms. Kathy CHEUNG Programme Coordinator (09:00-09:15) Mr. Jimmy WONG Immediate Past President of HKCCPHN (09:15-10:00) Ms. Josephine CHAN (10:00-11:00) | B R E A K | Fundamental Concept of Primary Health Care and Primary Health Care Nursing Practice Ms. Kathy CHEUNG Honorary Sectary, HKAN President of HKCCPHN | LUNCH | The Omaha System Role of care coordinators in center-based primary health care (1) Prof. Frances WONG Chair Prof, SN, PolyU Immediate Past President of HKAN Programme Director | B R E A K | The Omaha System Role of care coordinators in center-based primary health care (2) Prof. Frances WONG Chair Prof, SN, PolyU IPP, HKAN Programme Director Referrals – initiation, documentation and follow up Ms. CHIU Kam Lan Fellow of HKAN Former CCC, KTDHC |
| | 09:00-11:00 | | 11:15 - 13:15 | | 14:15 - 16:15 | | 16:30 - 17:30 |
| Day 2 29/04/2023 09:00 - 17:30 (Saturday) Room DE309, PolyU, Hung Hom, Kowloon <u>Moderator</u> Kathy Cheung | Community Nursing Service: Outreach Service and Home Visiting Ms. LI Sui Seng Fellow of HKCCPHN | B R E A K | Prevention and promotive health service across life- span Public Health Emergency Management Ms. CHAN Ming Chu Former RNO DH | LUNCH | Community Social Resources & Health –social partnership Ms. Daisy WONG Former HKEC Coordinator (PRC&Community Service) | B R E A K | Tutorial (1) Group project/ Case Study Discussion and Preparation Kathy/Margaret |

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| Day 3 13/05/2023 09:00 - 17:30 (Saturday) Room DE309, PolyU, Hung Hom, Kowloon <u>Moderator</u> Kwok Wai Shan | Comprehensive health risk assessment and care planning (1) Mr. TSOI Shing Chi, Tacko Training Coordinator of HKEC Training centre for HMCT | B R E A K | Comprehensive health risk assessment and care planning (2) Mr. TSOI Shing Chi, Tacko Training Coordinator of HKEC Training centre for HMCT | LUNCH | Smoking Counselling and Cessation Ms. LAI Fung Sim, Phoebe WM, FM&GOPC, KCC | B R E A K | Outcome measures and evaluation of primary health care service Dr. Kin CHEUNG Fellow of HKAN |
| | 09:00-11:00 | | 11:15 - 13:15 | | 14:15 - 16:15 | | 16:30 - 17:30 |
| Day 4 27/05/2023 09:00 - 17:30 (Saturday) Room _____, PolyU, Hung Hom, Kowloon <u>Moderator</u> Margaret LAM | Motivational Interviewing (1) Dr. LAU Chi Hang Family Medicine Specialist | B R E A K | Motivational Interviewing (2) Dr. LAU Chi Hang Family Medicine Specialist | LUNCH | Health promotion, Health Education: theories and practice; Health Coaching Healthy lifestyle and change of unhealthy behaviours Dr. Margaret LAM Fellow of HKAN Former CCC KTDHC | B R E A K | Patient Empowerment Programme (PEP) Mr. HO Wai Ming, Steve Head of Care Coordinator, YTM DHCE |
| | 09:00-11:00 | | 11:15 - 13:15 | | 14:15 - 16:15 | | 16:30 - 18:30 |
| Day 5 10/06/2023 09:00-18:30 (Saturday) Room _____, PolyU, Hung Hom, Kowloon <u>Moderator</u> HUNG Shuk Yee | Chronic Disease Care model and management Risk Assessment and Management (RAMP- DM & HT) in primary health care Ms. HUNG Shuk Yee WM, FM&PHC, HKEC Fellow of HKAN | B R E A K | Health Literacy Prof. Angela LEUNG SN, PolyU | LUNCH | Multidisciplinary approach in primary health care (1) Physiotherapy Exercise Prescription (14:15 - 15:15) Mr. LUK Ting Yu, Oliver Physiotherapist I, PYNEH Occupational therapy Relaxation exercise (15:15-16:15) Ms. Sharon LEUNG Occupational Therapist I, QEH | B R E A K | Multidisciplinary approach in primary health care (2) Dietitian Intervention (16:30-17:30) Mr. SIT Sheung Kwan PYNEH Pharmacist (17:30-18:30) Ms. Janet WONG Health In Action |

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| Day 6 24/06/2023 09:00-17:30 (Saturday) Room _____, PolyU, Hung Hom, Kowloon <u>Moderator</u> Kathy Cheung | Mental Health in Primary Health Care (1) Common Mental Health problem in community setting Dr. SIN Ming Chuen AC, FM&PHC, HKWC | B R E A K | Mental Health in Primary Health Care (2) Nursing Management of Common mental health problem in primary health care Mr. CHAN Kam Hung APN, FM&GOPC, KCC | LUNCH | Health Communication and Health Counselling skills Mr. CHAN Kam Hung APN, FM&GOPC, KCC | B R E A K | Tutorial (2) Group project/ Case Study Discussion and Preparation |
| | 09:00-11:00 | | 11:15 - 13:15 | | 14:15 - 16:15 | | 16:30 - 17:30 |
| Day 7 08/07/2023 09:00 - 17:30 (Saturday) Room _____, PolyU, Hung Hom, Kowloon <u>Moderator</u> Kathy Cheung | Update Management on Diabetic and Hypertension Dr. Wanmie LEUNG Consultant, FM&PHC, HKEC | B R E A K | Use of technology in primary health care Mr. Wallace CHENG SM(ITD), KCC, HA | LUNCH | Update management on stroke rehabilitation and Post AMI rehabilitation (1) Dr. T K KWOK CON (Rehab), TWH, HKWC | B R E A K | Update management on stroke rehabilitation and Post AMI rehabilitation (2) Dr. T K KWOK CON (Rehab), TWH, HKWC |
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| Day 8 22/07/2023 09:00 - 18:30 (Saturday) Room _____, PolyU, Hung Hom, Kowloon <u>Moderator</u> Kwok Wai Shan am Kathy Cheung pm | Community Rehabilitation Service and Hip Fracture Rehabilitation (1) Rehabilitation Service from Hospital to Community Dr. Bonnie WONG DOM(M&G, AMB, CNS), NLTH, KWC (09:00-10:00) Update management on Hip Fracture Dr. S H CHOI CON (O&T), PMH, KWC (10:00-11:00) | B R E A K | Community Rehabilitation Service and Hip Fracture Rehabilitation (2) Physiotherapy for Hip Fracture Rehabilitation in, Community Ms. MOK Yin Ting, Rachel PT, PMH, KWC (11:15-12:15) Occupational Therapy for Hip Fracture Rehabilitation in Community Ms. Charis CHAN Shum Yi OTI, PMH, KWC (12:15-13:15) | LUNCH | Management of musculoskeletal disorder and pain management in primary health care Mr. Simon HUI Physiotherapist | B R E A K | Traditional Chinese Medicinal Nursing Approach in primary health care Dr. Nicki PANG Doctor of Medicine (CM) |

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| Day 9 05/08/2023 09:00-13:15 (Saturday) Room _____, PolyU, Hung Hom, Kowloon | Quiz Dr. Margaret LAM Ms. Kathy CHEUNG Ms. CHIU Kam Lan | B R E A K | Group Project Presentation Prof. Frances WONG Mr. Jimmy WONG Ms. Kathy CHEUNG Dr. Margaret LAM Ms. CHIU Kam Lan | | | | |

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